

	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY			SUNDAY			
7:00	Indoor Cycle														
7:30															
8:00		Kettlebell		Circuits		Box Fit									
8:30															
9:00		Studio Pump				Circuits									
9:30	Legs, Bums & Tums			Legs, Bums & Tums				Indoor Cycle							
10:00	Axe Throwing	Archery		Axe Throwing		Archery		Axe Throwing	Axe Throwing			Archery			
10:45	Aquafit							Aquafit							
11:00		Chalk Art		Mud Kitchen		Wildlife Spotter Challenge			Chalk Art			Mud Kitchen			
11:15									Chocolate Workshop			Birdfeeder Workshop			
11:30	Mini Archery	Axe Throwing		Mini Archery		Axe Throwing		Mini Archery	Combat Archery			Axe Throwing			
12:00															
12:30															
13:00		Stuffa Squishie	Sculpture Safari	Stuffa Squishie	Wildlife Spotter Challenge	Stuffa Squishie	Chalk Art			Mini Archery	Stuffa Squishie	Bubble Bonanza	Outdoor Art	Stuffa Squishie	Chalk Art
13:30	Archery	Nerf Wars		Archery		Den Building		Archery	Nerf Wars			Chocolate Workshop			
14:00															
14:30									Pizza Making			Clay Crafts			
15:00	Make a Bear	Make a Bear	Combat Archery	Make a Bear	Chocolate Workshop	Make a Bear	Pizza Making	Make a Bear	Make a Bear			Make a Bear			
15:30	Stuffa Squishie							Stuffa Squishie	Archery			Den Building			
16:00									Outdoor Art			Bug Hotel Workshop			
16:30															
17:00									Quiz						
17:30															
18:00	Pop Up Fitness Class	Box Fit		Pop Up Fitness Class		Pop Up Fitness Class		Pop Up Fitness Class							
18:30															
19:00				Yoga											
	Instructor Led Session	Fitness Class		Self Led Session		Instructor Led Sessions are scheduled at set times and must also be booked in advance to avoid disappointment.									



Instructor Led Session



Fitness Class



Self Led Session

Instructor Led Sessions are scheduled at set times and must also be booked in advance to avoid disappointment.

WEEKLY EXPERIENCE CALENDER

INSTRUCTOR LED SESSIONS

Make a Memory: Pottery

Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £10

Create a beautiful keepsake with our hand prints pottery painting session, perfect for capturing little moments during your Mole Resort stay. A relaxed, creative experience where tiny hands become lasting memories.

Pottery Painting

Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £14.99

Slow down and get creative with a pottery painting session inspired by colour, imagination and a little Mole magic. Choose your piece, design it your way and take home a handmade reminder of your stay.

Outdoor Art

Age range: Any **Session Length:** 45m

Location: Crafts Room **Price:** £5

Let nature inspire your creativity with an outdoor art session surrounded by the beauty of the resort. A relaxed, hands-on experience perfect for little artists and creative minds.

Stuffa Squishie

Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £20

Bring your very own soft and squishy friend to life in our Squishmallow-style teddy making session. Choose, stuff and name your cuddly companion before taking home a special keepsake from your Mole Resort adventure

Birdfeeder Workshop

Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £7.50

Create your very own birdfeeder and give a little back to nature during your stay. A lovely hands-on workshop for families who want to support our feathered friends around the resort.

Make a Bear

Age range: Any **Session Length:** 60m

Location: Crafts Room **Price:** From £20

Bring a new cuddly companion to life in our Make a Bear experience. Choose, stuff and name your bear before taking home a special keepsake from your Mole Resort adventure.

Bug Hotel Workshop

Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** £7.50

Build a cosy little home for the resort's smallest residents in our bug hotel workshop. A fun, eco-friendly activity that helps children learn about wildlife and nature.

Nerf Wars

Age range: 6+ **Session Length:** 60m

Location: Entrance Fields **Price:** £15

Get ready for action with a high-energy Nerf battle full of teamwork, tactics and fun. Duck, dodge and aim your way through this fast-paced challenge.

Axe Throwing

Age range: 10+ **Session Length:** 60m

Location: Danger Zone **Price:** £20

Channel your inner woodland warrior with an exciting axe throwing experience in the fresh air. With expert guidance and a touch of friendly rivalry, it's a memorable activity for those who love something a little different.

Archery

Age range: 10+ **Session Length:** 60m

Location: Danger Zone **Price:** £20

Take aim in the great outdoors with a fun and friendly archery session, perfect for beginners and budding marksmen. Learn the basics, build your confidence and enjoy a little Mole-style competition.

Mini Archery

Age range: 4+ **Session Length:** 45m

Location: Danger Zone **Price:** £12.50

A perfect introduction to archery for younger adventurers. Mini archers can learn the basics, take aim and enjoy a fun, safe session designed just for them.

Combat Archery

Age range: 10+ **Session Length:** 60m

Location: Entrance Fields **Price:** £20

Archery meets action in this fast-paced team challenge. Dodge, aim and fire foam-tipped arrows in a thrilling outdoor battle that's full of energy, tactics and laughs.

WEEKLY EXPERIENCE CALENDER

INSTRUCTOR LED SESSIONS

Pizza Making

Age range: Any **Session Length:** 45m

Location: Dartmoor **Price:** £15

Roll, top and create your very own delicious pizza in this hands-on foodie experience. A fun and tasty session for budding chefs and hungry families alike.

Chocolate Workshop

Age range: Any **Session Length:** 45m

Location: Dartmoor **Price:** £15

Indulge your creative side with a delicious chocolate workshop. Design, decorate and enjoy your own sweet creation in a fun hands-on experience.

Quiz

Age range: Any **Session Length:** 60m

Location: Dartmoor **Price:** Free

Put your knowledge to the test with our fun resort quiz. Gather your team, enjoy some friendly competition and see who will be crowned quiz champions.

Carnival Games

Age range: Any **Session Length:** 45m

Location: Front Lawn **Price:** £5

Step right up for classic carnival-style fun with games, challenges and prizes to enjoy. A light-hearted experience full of colour, laughter and family-friendly competition.

Den Building

Age range: 6+ **Session Length:** 45m

Location: Bushcraft Area **Price:** £10

Head outdoors and build your very own woodland hideaway. Using teamwork, creativity and natural materials, this is a brilliant adventure for little explorers.

SELF LED SESSIONS

Bubble Bonanza

Age range: Any **Session Length:** 30m

Location: Activities Desk **Price:** Free

Step into a world of bubbles and feel-good fun. Perfect for younger guests, this playful session is sure to bring smiles.

Chalk Art

Age range: Any **Session Length:** 30m

Location: Crafts Room **Price:** Free

Add a splash of colour to the resort with a playful chalk art session. Little creators can draw, decorate and let their imagination run wild in the fresh air.

Sculpture Safari

Age range: Any **Session Length:** 30m

Location: Activities Desk **Price:** Free

Explore your creative side with a nature-inspired sculpture adventure. Using imagination and natural materials, guests can create their own mini masterpiece with a wild and wonderful twist.

WEEKLY EXPERIENCE CALENDER

SELF LED SESSIONS

Mud Kitchen

Age range: Any **Session Length:** 30m

Location: Activities Desk **Price:** Free

Let little imaginations get messy in our mud kitchen experience. Mixing, making and playing with nature, it's the perfect outdoor activity for curious young explorers.

FITNESS CLASS

Box Fit

Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

A punchy, high-energy fitness session designed to get you moving and feeling strong. Expect pad work, cardio and a great workout in a fun, supportive environment.

Yoga

Age range: 16+ **Session Length:** 60m

Location: Studio **Price:** Free

Take time to pause, stretch and reconnect with a calming yoga session at the resort. A peaceful experience designed to help you unwind, breathe and reset.

Indoor Cycle

Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

Push your pace and ride to the rhythm in our indoor cycle class. A motivating cardio workout designed to build energy, stamina and strength.

Legs, Bums & Tums

Age range: 16+ **Session Length:** 60m

Location: Studio **Price:** Free

Target, tone and strengthen in this focused fitness class. A fun and effective workout designed to work the lower body and core.

Circuits

Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

Move through a variety of stations in this energising full-body workout. Expect strength, cardio and plenty of motivation in a fast-paced group session.

Studio Pump

Age range: 16+ **Session Length:** 45m

Location: Studio **Price:** Free

Build strength and confidence with a powerful studio-based resistance workout. Using weights and motivating music, this class is designed to tone, lift and energise.